

EXERCISE AND HEALTH SCIENCE, B.S.



The Exercise and Health Science (EHS) degree provides a strong foundation in human performance and health. This program focuses on the science of human movement, often called kinesiology. It is an excellent choice for students interested in careers such as exercise physiology, sport science, public health, strength and conditioning, and sports medicine.

Additionally, the EHS degree is a perfect pre-professional pathway for those aiming for graduate-level programs in allied health fields that require a master's or doctorate.

APPLYING IS EASY AND FREE.

Montana residents can apply for free at applymontana.mus.edu.

Nonresidents can apply for free at mtech.edu/applynow.



APPLY HERE!

PLAN YOUR NEXT ADVENTURE.

We offer personalized campus visits most weekdays, including a meeting with a faculty member. We're confident you'll love visiting our campus, which overlooks historic Uptown Butte. To prove it, we're offering a complimentary one-night hotel stay to all visitors traveling 100 miles or more! Learn more about availability and schedule your visit at mtech.edu/visit.



LEARN MORE



MONTANA
TECHNOLOGICAL UNIVERSITY

www.mtech.edu/exercise-health-science

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The EHS degree at Montana Tech, with the small class sizes, well equipped facilities, experienced professors and rigorous curriculum gave me the preparation I needed to succeed in physical therapy school!

- Aidan Amtmann '18, Physical Therapist

CAREER PATHS

Our graduates have gone into the following fields upon graduation:

- Commercial/Public health, safety, fitness and wellness
- Physical therapy doctoral degree programs
- Physician's assistant master's degree programs
- Occupational Therapy master's degree programs
- Performance Enhancement Coach



\$83,090
median annual salary
(BLS, 2024)

WHERE DO OUR GRADUATES GO?



WHY STUDY EXERCISE AND HEALTH SCIENCES AT MONTANA TECH?

- A focus on the science of human movement or kinesiology
- Support for independent student research, internships, and professional networking
- One-on-one interactions with faculty who offer mentorship from class to career
- Preparation for in-demand careers in public health, strength and conditioning, wellness, and sports medicine or placement in graduate school, including physical therapy, occupational therapy, physician assistant, and medical school



HANDS-ON LEARNING

- Hands-on practical field and laboratory experiences in our human performance laboratory housed in the Health, Physical Education and Recreation (HPER) Complex
- Small class sizes that allow for one-on-one interactions with faculty

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