Academic Advising

Best Practices Using EAB Navigate

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What is academic advising?
How do you advise your students?
Academic Advising – What is it?

• An interactive process between students and their advisor
• Shared information about interests, skills, abilities, and goals
• Build action plans to facilitate progress toward degree or certificate and beyond

Academic Advising Myths:
• Advising is just registering students for their next semester
• I made it through school without an advisor, these students should be able to as well
• I have to solve all of my students’ problems
Quick Detour: Student Development Theory

Sanford – Challenge and Support
Schlossberg - Transition
Sanford: Challenge and Support

• Students develop/grow toward their goals by experiencing challenge

• As advisors/mentors/faculty – help students find the sweet spot

Retreat: apprehension/distress

Stasis: lack of progress, low optimism/determination

Growth: innovation, renewal, development

Confirmation: tedious/unproductive “taking it easy”
Schlossberg: Transition Theory

• Transition: an event or non-event that leads to changes in relationships, routines, roles
  • Anticipated vs Unanticipated

• Four factors that influence students’ approach to transition
  • Situation
  • Self

  • Social Support
  • Strategies

  cultural shock

  mental isolation

  initial adjustment

acceptance & integration
Why even talk about Student Development Theories?

We can learn to be better advisors and support our students’ success when we know what they are going through and how they are navigating it.
SPEAKING OF “NAVIGATE”
EAB Navigate

Identify

• Reference student profile
• Progress Report/Early Alert system

Communicate

• Mass email/message a specific group
• Schedule appointments

Support

• Create appointment campaign
• Holistic support and transition

http://mtech.campus.eab.com
Ready to schedule a meeting to get set up in Navigate? Just let me know!
THANK YOU

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